

First Aid in My Home

I have these items in my home in case there is an emergency:



- ☐ Sterile gauze (2" and 4") For wounds
- ☐ Roller and triangular bandages For holding dressings in place or to make an arm sling
- ☐ Band-aids/Adhesive tape For holding dressings in place
- ☐ Adhesive bandages -- different sizes For small cuts, scrapes, or wounds
- ☐ Scissors and tweezers For cuts, pulling out stingers, splinters, etc
- ☐ Ice pack or chemical cold pack For Swollen areas or bruises
- ☐ Disposable gloves For protection from germs
- ☐ Antiseptic wipes For washing small cuts, scrapes, or wounds
- ☐ Small flashlight with extra batteries in a separate bag For seeing injured areas clearly
- ☐ Other items suggested by your doctor (for example, bee sting or snake-bite kits; antihistamines) For responding quickly if members of your family have severe allergic reactions