

# Family Fact Sheet

---

## Family Play Dates

Things Your Kids Will Love to Do with You!



Looking for something special to give your children? Look no further than yourself. Spending meaningful time with your kids is a gift that has long term benefits for you and them.

Need inspiration? Here is a list of great things to read, watch and do with your kids — and make the most of your special time together. Many of these fun activities will bring back memories of the "good ol' days" when you were a kid yourself! Have fun!

Freeze fruit juice popsicles  
Design papier-mache masks  
Play Kick the Can  
Make friendship bracelets  
Create picture collages  
Have a picnic  
Make flower wreaths for your head  
Play Hopscotch  
Make a sand castle  
Collect seashells  
Bake cookies  
Hunt for earthworms  
Watch a meteor shower  
Make s'mores  
Write a Japanese haiku  
Roll down a hill  
Walk on your hands  
Have a tea party  
Put on a play

Make a rope swing  
Build a pyramid  
Build a robot out of boxes  
Learn to juggle  
Make grass/reed whistles  
Have a scavenger hunt  
Create a phone from cans and string  
Learn to Hula Hoop  
Play Rock, Paper, Scissors  
Wash the dog/car  
String a dandelion chain  
Take rubbings of trees and leaves  
Learn sign language  
Play beauty parlor  
Press some flowers  
Build a tree house/clubhouse  
Build a fort out of blankets  
Make a paper airplane  
Tie-die a t-shirt

Run through the sprinkler  
Tell ghost stories  
Catch fireflies  
Play Simon Says  
Learn Morse Code  
Plant a sunflower  
Use a compass  
Have a water balloon fight  
Play freeze tag  
Play flashlight tag  
Read some books together  
Sleep under the stars  
Play Dragon tag  
Make an obstacle course  
Look for 3, 4, 5 and 6 sided objects in  
nature  
Make homemade ice cream  
Put on a bike parade  
Play Water Balloon Volleyball  
Have a sunrise picnic breakfast  
Jump rope  
Play Lawn or Sand Bowling  
Turn cart wheels  
Draw your favorite animal  
Start a diary/journal  
Play I Spy  
Hold a Hula Hoop contest  
Write a never-ending story  
Have a movie marathon (with popcorn)  
Play Soaking Sponge Tag  
Build a Rock garden  
Make cloud pictures  
Create a monster book  
Play Duck, Duck, Goose  
Play Flashlight Hide 'n Seek  
Count license plates from other  
states  
Make your own Tangrams  
Start a collection of something  
Set Up a Lemonade Stand

Have a BBQ/street party  
Have a Garage Sale  
Clean up your local park  
Have a Monopoly or (puzzle) marathon  
Play Red Light, Green Light  
Make up your own tunes/rhythms  
Play Mother May I?